



**March 2010 Community Senior Meals**

For more information call the Champlain Valley Agency on Aging at 865-0360

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 <b><u>Covenant Church</u></b> Essex Ctr. 12:00 noon BBQ Riblets Mashed Potatoes Wax Beans Fruit Bread Mandarin Oranges</p>	<p>2 <b><u>Elk's</u></b> North Avenue, Burl. 10:00 a.m. check in 11:00 a.m. lunch Chicken Marsala</p>	<p>3 <b><u>Ponderosa</u></b> Williston Check in at 11:00 Lunch at 11:15 "all you can eat Buffet"</p>	<p>4 <b><u>Bridge Street Café</u></b> Richmond 10:30 am check in 11:00 am lunch Turkey Dinner</p>	<p>5 <b><u>Hinesburg Mealsite</u></b> 11:30 a.m.</p>
<p>8 <b><u>Covenant Church</u></b> Essex Ctr. 12:00 noon Shepherd's Pie Corn/No Gravy Peas &amp; Carrots Whole Wheat Roll Vanilla Pudding</p>	<p>9 <b><u>Pizza Hut</u></b> Susie Wilson Road, Essex Jct. 10:30 a.m. check in 11:00 a.m. lunch "All you can eat Pizza Buffet"</p>	<p>10 <b><u>Ponderosa</u></b> Williston Check in at 11:00 Lunch at 11:15 "all you can eat Buffet"</p>	<p>11 <b><u>Holiday Inn</u></b> Harper Room Check in 11 a.m. Lunch at 11:30 am Turkey Buffet</p>	<p>12 <b><u>United Church</u></b> Hinesburg 12:00 noon Corn Chowder Tuna Salad Lettuce &amp; Cheese Bulky Wheat Roll Ambrosia</p>
<p>15 <b><u>Covenant Church</u></b> Essex Ctr. 12:00 noon Sweet &amp; Sour Pork Rice Pilaf Oriental Vegetables Rye Bread Mixed Fruit</p>	<p>16 <b><u>Pizza Puff</u></b> So. Burlington 10:30 a.m. check in 11:00 a.m. lunch Lasagna Salad Garlic Bread</p>	<p>17 <b><u>Ponderosa</u></b> Williston Check in at 11:00 Lunch at 11:15 "all you can eat Buffet"</p>	<p>18 <b><u>Dutch Mill</u></b> Shelb. Rd., Shelb. 10:30 am check in 11:00 am lunch Stuffed Chicken</p>	<p>19 <b><u>United Church</u></b> Hinesburg 12:00 noon Hot Sliced Ham Scalloped Potatoes Vegetable Medley Fruit Bread Apricots</p>
<p>22 <b><u>Covenant Church</u></b> Essex Ctr. 12:00 noon Pea Soup Egg Salad Lettuce &amp; Cheese Bulky Roll Fruited Jello with Topping  <b><u>Papa Nicks</u></b> 3:00 p.m. Boiled Dinner</p>	<p>23 <b><u>T-Bones</u></b> Hampton Inn, Colchester 10:30 a.m. check-in 11:00 lunch Baked Ham Dinner</p>	<p>24 <b><u>Ponderosa</u></b> Williston Check in at 11:00 Lunch at 11:15 "all you can eat Buffet"</p>	<p>25 <b><u>Holiday Inn</u></b> Harper Room Check in 11 a.m. Lunch at 11:30 am Turkey Buffet</p>	<p>26 <b><u>United Church</u></b> Hinesburg 12:00 noon Baked Manicotti Garden Salad Italian Bread Chocolate Chocolate Chip Cookie</p>
<p>29 <b><u>Covenant Church</u></b> Essex Ctr. 12:00 noon Turkey a la King Mashed Potatoes Honey Dill Carrots Biscuit Banana Pudding</p>	<p>30 <b><u>JP's Diner &amp; Deli</u></b> River Rd., Essex Jct. 10:30 a.m. check in 11:00 a.m. lunch Chicken &amp; Biscuits</p>	<p>31 <b><u>Ponderosa</u></b> Williston Check in at 11:00 Lunch at 11:15 "all you can eat Buffet"</p>		

Milk is the beverage provided at each meal. Please see back of this sheet for additional information.

**INFORMATION REGARDING COMMUNITY SENIOR MEALS** (Menu on front sheet)

The menu's come out on the 22nd of each month for the following month. You may call CVAA 865-0360 to make reservations for the following month on, or after, the 22nd - at 10:00 a.m. If the 22nd falls on the weekend, reservations may be made the following Monday. Reservations are on a first-come, first-serve, month-by-month basis only. Milk is served with all meals. Donations are accepted for all of these meals.

**SPECIAL RESTAURANTS REQUIRING TICKETS – SUGGESTED DONATION \$5.00 PER TICKET**

These tickets are available the first of each month - and must be used in the month they are purchased (**they are non-returnable and non-exchangeable**). These tickets are available from:

1. **Pat Pike** at the different mealsites.
2. At the **CVAA office**. (The office has a limited amount of money available to make change). CVAA is located at 76 Pearl Street, Suite 201, Essex Jct. We are in the plaza with the post office and Big Lots and across the parking lot from Kinney's (across from the fairgrounds). There is an elevator on the side across from Kinney's.

**TICKETS MUST BE PRESENTED BEFORE ORDERING.  
RESTAURANTS HAVE THE RIGHT TO OFFER LIMITED MENUS.**

<b>AJ'S KITCHEN</b>	New location: 12 Railroad Avenue, Essex Jct. (old Manhattan Pizza location) – Sunday – Tuesday 5:00 a.m. – 2:00 p.m. & Wednesday – Saturday 5:00 a.m. – 8:00 p.m.
<b>BRIDGE STREET CAFE</b>	Richmond, Breakfast, Lunch or Dinner - Monday – Thursday only. DINNER MUST BE ORDERED BY 7:30 PM. Regular menu excluding shrimp, steak or some specials
<b>DUTCH MILL</b>	Shelb. Rd., Shelburne –Wednesday – Sunday, 7:30 a.m. – 2:00 p.m.
<b>HOLIDAY INN</b>	Williston Road, So. Burlington. Early Bird Dinner Sundays- Fridays 4:00 – 6:00 p.m. with a choice of one of four entrees (chicken, haddock, quesadilla, or soup & sandwich) <b>and</b> Turkey Buffets on Thursdays at lunchtime.
<b>PIZZA HUT</b>	Susie Wilson Road, Essex Jct., Monday – Friday, 11:30 a.m. – 1:00 p.m., Pizza and Salad Bar Buffet
<b>PIZZA PUTT</b>	Airport Pkwy, So. Burl., Lunch or dinner - 7 days a week – Choice of spaghetti with marinara sauce or baked ziti with tomato sauce & cheese. Each with salad, garlic bread or roll, soda, coffee or milk
<b>PONDEROSA</b>	Williston Monday – Thursday (11 am – 6 pm) Friday (11 am – 3:30 pm) Sunday (10 am – 6 pm) Beverage is either milk or coffee
<b>ST. MICHAEL'S COLLEGE</b>	Colchester – Brunch Buffet on Saturday and Sunday, 11:30 a.m. – 12:30 p.m
<b>T-BONES</b>	Hampton Inn, Colchester. Lunch <b>Monday – Friday</b> 11:30 a.m. – 2:00 p.m., and <b>Saturday</b> 12:00 – 2:00 p.m. <u>Menu items (all served with multi-grain bread, dessert, milk, coffee or tea):</u> Lasagna with Salad Fish with Cole Slaw Caesar Salad with Grilled Chicken Open-Faced Hot Turkey Sandwich with Mashed Potatoes, Salad or Cole Slaw Wraps (Crispy Chicken or Grilled Chicken) with Veggies Turkey BLT with a Choice of Soup or Salad Cup or Clam Chowder and a Garden Salad <b>Sunday Brunch</b> , 10:00 a.m. – 2:00 p.m.
<b>THE OLD YANKEE</b>	4A Jericho East, Jericho. Meals Wednesday – Sunday, 3:00 – 5:00 p.m. Ordering off senior menu.